



Fall Fun

10 Fall-Themed Activities &
Crafts to do with your Toddler
(for Non-Crafty Moms)

Stimulate your toddler's creativity
on rainy fall days with these easy
ideas and printables.



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Introduction

If fall days make you think of long, gray hours stuck inside with restless kids — and the pressure to somehow fill the time — you're not alone. And if scrolling Pinterest leaves you with more overwhelm than action, you will love these simple activities that are actually doable for normal moms too. 😊

This guide gives you 10 fun, super simple, and totally doable fall activities to enjoy with your kids. No hours of prep. No complicated supplies. Just easy ideas that will actually happen. Perfect for ages 2–5 (and even younger ones love to join in).

👉 You can use the ideas as they are, or tweak them to fit your kids and your day.

And if you're ready to not only try these activities but also finally bring any of your own ideas to life (the ones you've been carrying around for ages — work, personal, creative, big or small), come join my newsletter. You'll get gentle nudges, tools, and encouragement to make it happen.

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Get Ready

1) Go on a supply hunt

Throughout these projects, there are a few things you will need. Before you go shopping (or order online), it's a good idea to walk through the house with your kid(s) and a box to gather everything you already have. Engage your kids by making it a treasure hunt.

What you will need:

- Printouts at the end of document (plan to stop at a local copy shop ASAP if you don't have a printer). You can start with project one anyway as it doesn't need a printout.
- Finger paint (blue, yellow, green, red)
- Brush
- Plastic plate/cardboard or similar to use as a color palette
- Two handfuls of rice
- An old jar with a lid or a plastic bottle
- An old piece of fabric (T-shirts, a single sock, or something similar)
- Old piece of sponge
- Cotton wool (cotton pads or something similar will do)
- Glue (I recommend liquid crafts glue for kids)
- Painting apron for kids (an old T-shirt works as well)
- A plastic bag
- Cord/string
- some clothespins
- 2 pins

Also, make sure to have a space to create. You can cover your dining table with a trash bag, for example.

Get Ready

2) Setup your art display

Equipment:

- Cord/string
- some clothespins
- 2 pins

Instructions:

- Choose a wall where you want to display the fall art.
- Stretch the string over the wall and attach the two ends to the wall with the pins.
- Add the clothespins to the cord. You will be able to hang your art on this string once done.

It's Raining

3) Make your own rain

Equipment:

- Old jar with a lid (a plastic bottle will do too)
- One or two handfuls of rice
- Blue finger paint
- A piece of paper towel or a similar
- Painting apron for kids (an old T-shirt works as well)

Instructions:

- Put the rice and the paint into the jar or bottle.
- Close the lid properly.
- Shake it and dance.
- Pour the rice onto the paper towel and let it dry overnight.
- Once it's dried, put it back into the jar or plastic bottle and store it away for use in project 6.

It's Raining

4) Help the girl get dressed for the rain

Equipment:

- Printouts 1 and 2
- Glue
- Painting apron for kids (an old T-shirt works as well)
- For the alterations
 - An old piece of fabric (e.g., T-shirts, a single sock, or something similar)
 - Finger paint, brush old piece of sponge

Instructions:

- Cut out the clothing.
- Glue it onto the girl to get her dressed.

Alterations:

- Before cutting out the clothing, you can paint them with finger paint using your fingers, a brush, or a piece of an old sponge.

OR

- Tape the paper clothing onto fabric (e.g., an old T-shirt) and then cut out the shirt from the fabric to glue it onto the girl.

It's Raining

5) Go on a rainy walk to collect leaves

Equipment:

- A bag to collect leaves
- Rain clothing
- Paper towel

Instructions:

- Go on a walk with your kids through the woods, or a park with some trees.
- Talk to them about the beautiful colors of the leaves.
- Help them find beautiful leaves and collect them in the bag.
- You can dry them on a piece of paper towel over night or for 20 minutes at 30°C in the oven.
- You will be using these leaves in project 10.

Alteration:

- Go for a rainy-day walk and do a scavenger hunt with the printout. Place the sheet in a clear binder pocket and use a window marker to check off the things you find.

It's Raining

6) Make the clouds rain

Equipment:

- Printout 3
- Glue
- Hand full of colored rice from project 3
- Painting apron for kids (an old T-shirt works as well)

Instructions:

- Spread the glue evenly underneath the cloud.
- Sprinkle the rice onto the glue.
- Let it dry.
- Shake off the excess rice into a box for reuse or dispose of it in the trash.

Alteration:

- Instead of using glue, you can use double-sided tape.

Windy Days

7) Create wind at home

Equipment:

- Whatever you can find to make wind

Instructions:

- Find different things in the house to create wind.
- Demonstrate the concept of wind to your kids and encourage them to come up with their own ideas for making wind.
- Here are some ideas for creating wind at home:
 - Blow your hair with a hairdryer and feel how your hair moves around.
 - Take an empty paper roll and blow through it to move loose paper on the floor.
 - Use a book or magazine to create a breeze on your face.
 - Go to the bedroom and shake out the blankets and pillows to create wind (and hide under the blankets, just because it's fun).

Foggy Days

8) Cover the scenery in fog

Equipment:

- Printout 4
- Glue
- Cotton wool
- Blue finger paint mixed with water
- Plastic plate/cardboard or similar to use as a color palette
- Brush
- Painting apron for kids (an old T-shirt works as well)

Instructions:

- Apply glue all over the scenery.
- Separate the cotton wool and gently cover the scenery with it to mimic fog.
- Place a mixture of blue finger paint and water onto the color palette.
- Use the brush to lightly add a bluish shade to the cotton wool.

Your Pumpkin

9) Create your pumpkin

Equipment:

- Printout 5
- Finger paint (green, yellow, and red)
- Plastic plate or a similar surface to hold the paint
- Brush, fingers, or a piece of an old sponge
- Painting apron for kids (an old T-shirt works as well)

Instructions:

- Place the finger paint on the palette.
- Mix yellow and red to create orange.
- Use different tools (brush, fingers, a piece of an old sponge, cotton bud...) to apply color to the pumpkin.

Alteration:

- Color the rice orange (see Project 3 for instructions).
- Glue the rice onto the pumpkin shape, similar to how we glued the 'rain' in Project 6.
- Tip: You can also draw the pumpkin on cardboard, cut it out for a sturdier version, and hang it up later.

Leaves are Falling

10) Create your own fall tree

Equipment:

- Printout 6
- Glue
- Scissors
- Painting apron for kids (an old T-shirt works as well)
- Leaves collected and dried from project 5

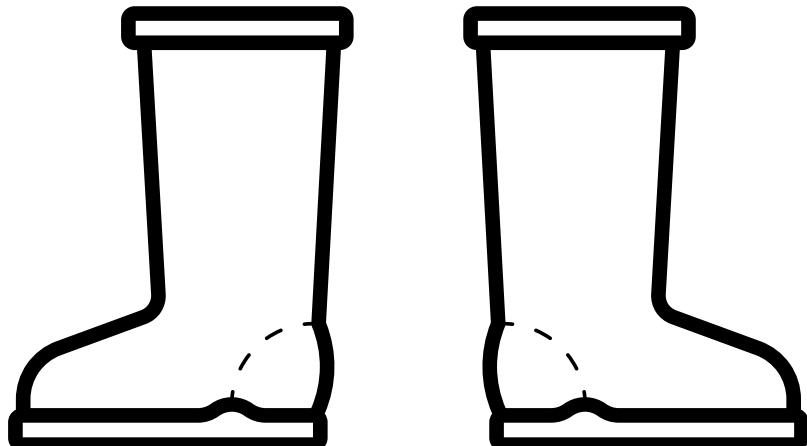
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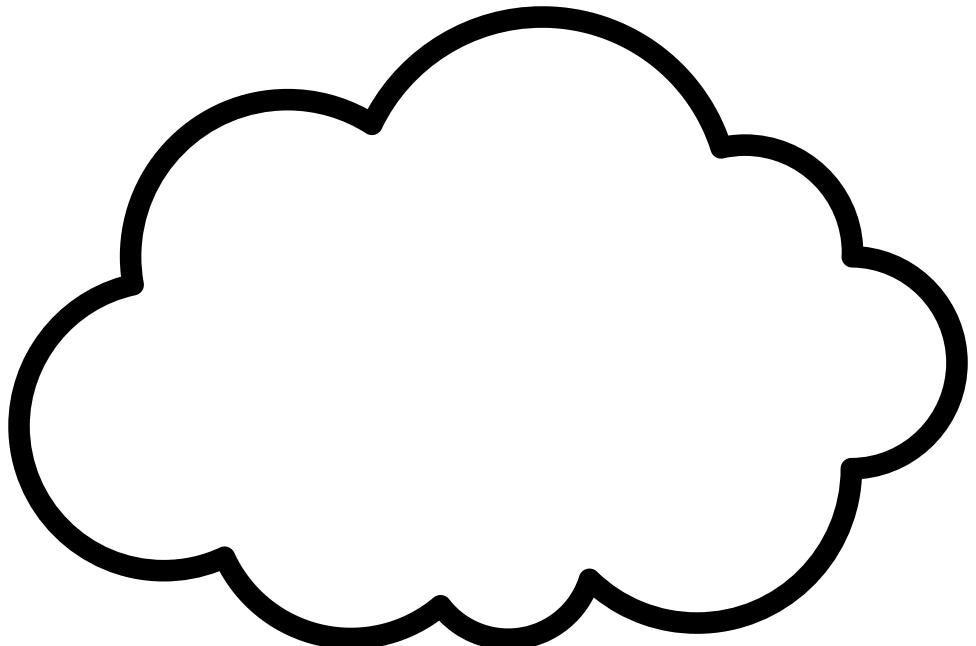
- Cut the leaves into small pieces.
- Apply glue to the branches of the tree.
- Attach the pieces of leaves to the tree.

Printouts

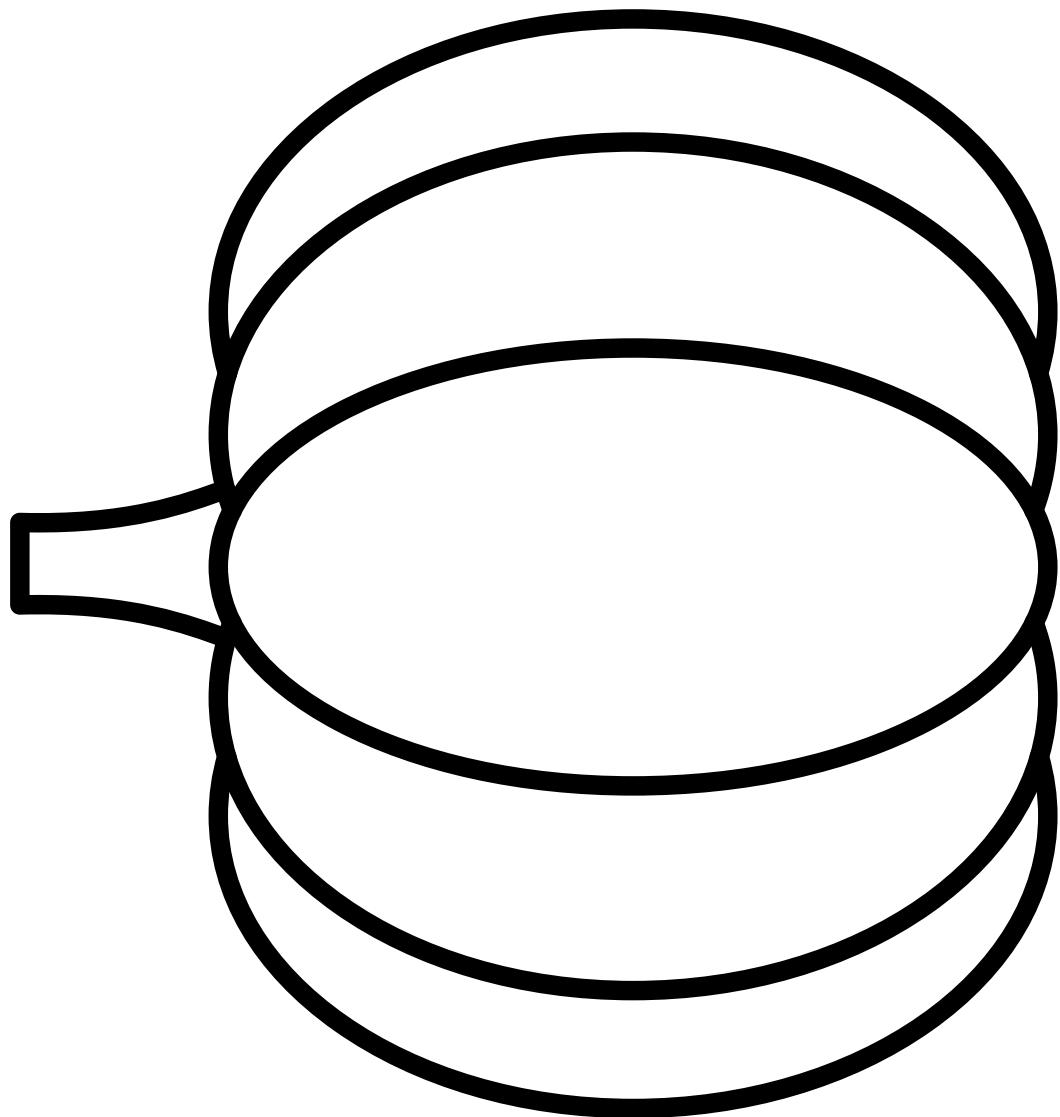
Consider making multiple printouts: one for each kid, potentially one for yourself, and some extras for alternative creative options and in case of accidents.

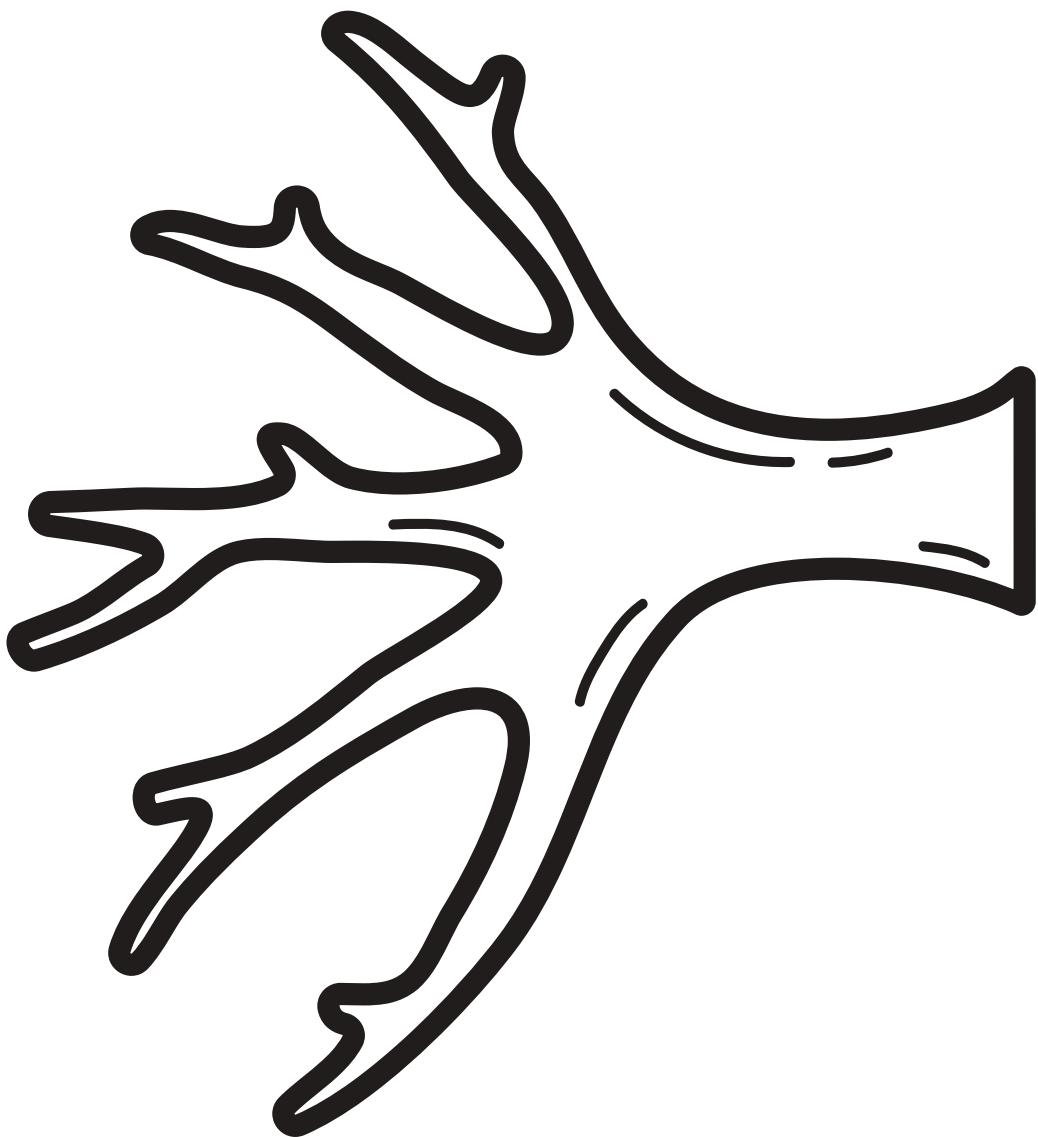


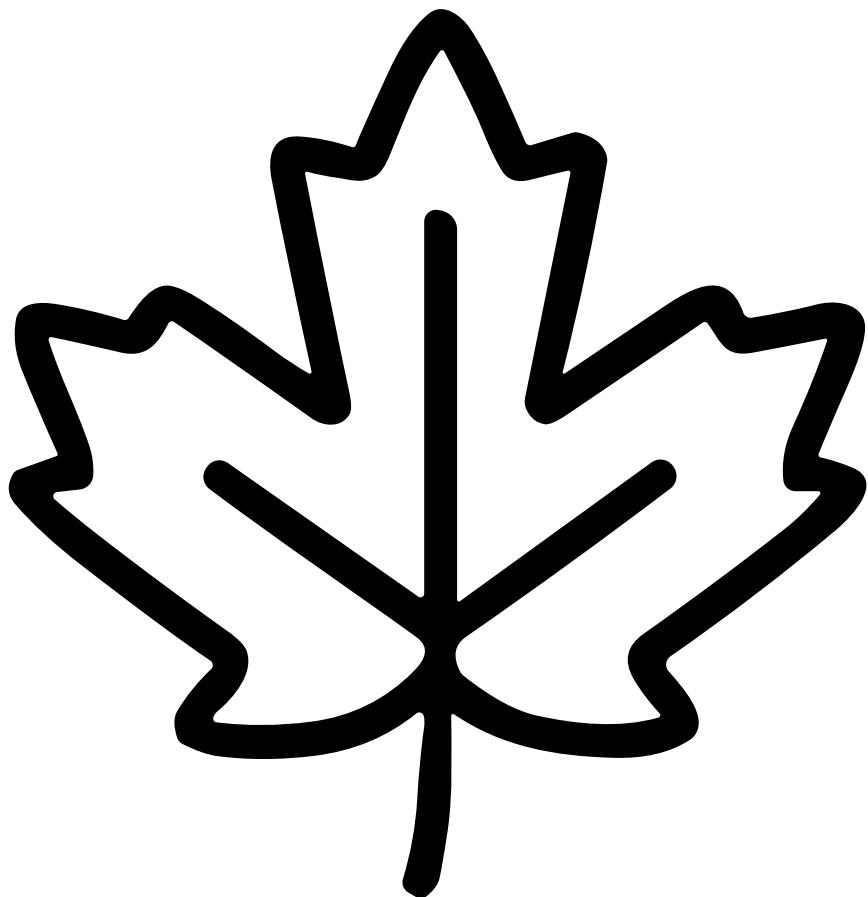


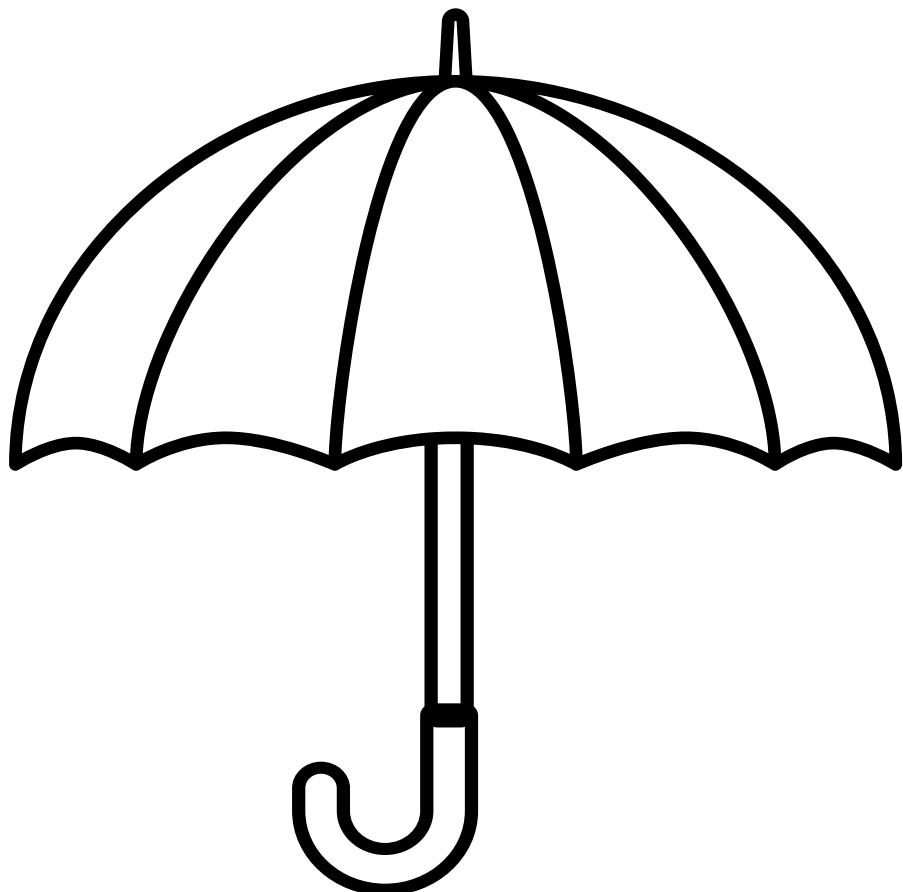


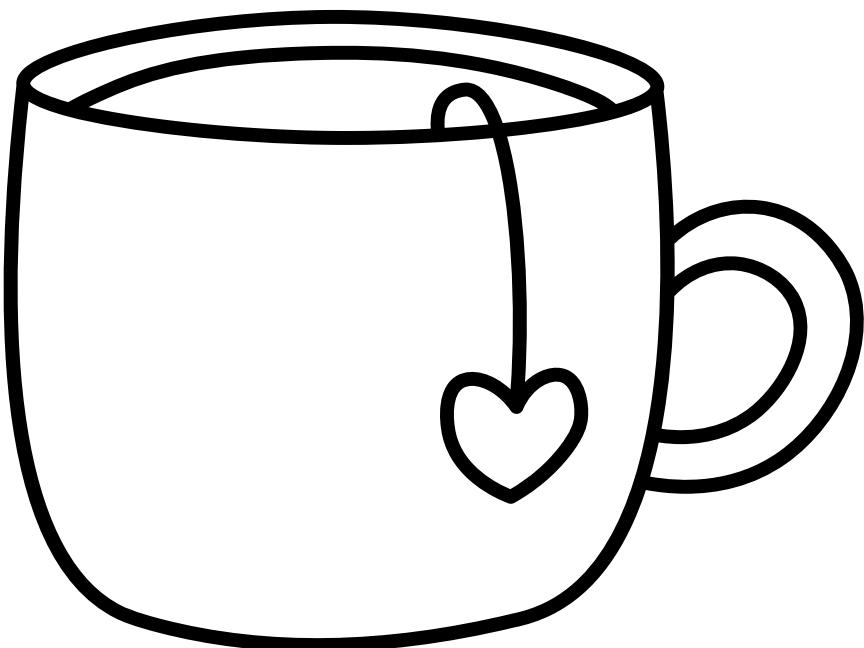








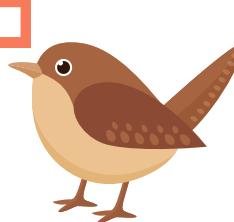
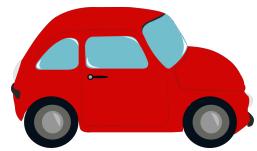
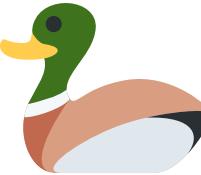
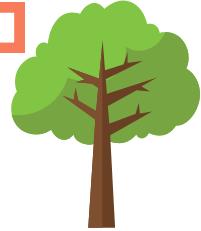






London Scavenger Hunt

Place the sheet in a clear binder pocket and use a window marker to check off the things you find.

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